## Secrets to Helping Children Read

 $\bullet \bullet \bullet$ 

#### Event sponsored by: The Reading Bee Academy Ltd.



#### **Copyright Notice**

Please note, all content in the presentation and handouts are copyright protected. The copyright is owned by The Reading Bee Academy Ltd. Any, unauthorized use such as copying, scanning, selling, publishing, modifications to, translations, create derivative works from, distribution (hardcopies, online uploading, social media posting or otherwise) in whole or in part is strictly prohibited by law.

Requests for permission should be addressed to:

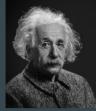
The Reading Bee Academy Ltd. E-mail: <u>readingbeeacademy@gmail.com</u>



- 1. Introduction
- 2. Problems and Impact on Children
- 3. Identifying the Signs
- 4. Effective Strategies
- 5. Caregiver Questions

2:00-2:10 pm EST 2:10-2:20 pm EST 2:20-2:40 pm EST 2:40-3:00 pm EST 3:00-3:15 pm EST

#### What do they all have in common?



Albert Einstein



Keanu Reeves



Aniston

Bloom

Nikola Tesla



Steve Jobs



Leonard da Vinci



Keira Knightley





Steven Spielberg

Pablo Picasso



Thomas Edison





Galilei



Branson

© 2021 The Reading Bee Academy Ltd. All Rights Reserved.



Whoopi Goldberg



George Washington



Graham Bell



John Lennon

#### How would you describe reading disability in one word?

#### Word Cloud

needing extra assistance **different stigmatized barrier barrier barrier constance barrier constance barrier constance constance** 

# What is a reading disability?

#### **Reading Disability (Dyslexia)**

#### As of 2018, U.S. federal law (U.S. Public Law 115-391):

'The term "dyslexia" means an <u>unexpected difficulty</u> in reading for an individual who has the intelligence to be a much better reader, most commonly caused by a difficulty in the <u>phonological processing</u> (the appreciation of the individual sounds of spoken language), which affects the ability of an individual to <u>speak</u>, read, and spell.'

## A reading disability is NOT:

- Intellectual or cognitive disability (not an IQ problem)
- Unwillingness to learn
- Thinking impairment

# Reading disability

#### Shaywitz & Shaywitz 2020

#### Typical Dyslexia IQ-Reading Linked IQ-Reading Diverge

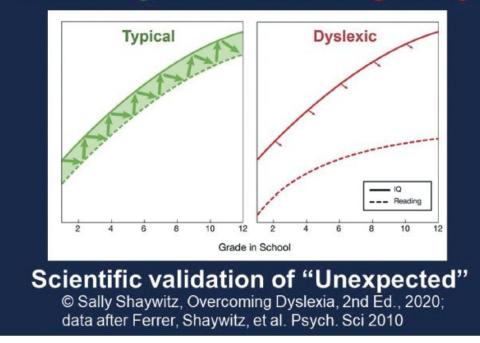


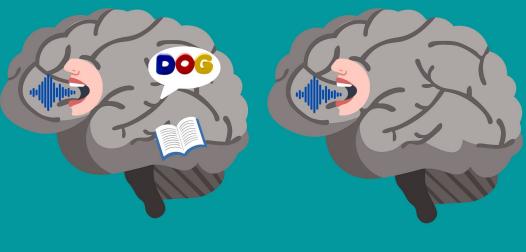
Figure 1. In typical readers (left panel) IQ and reading are dynamically linked over time. In dyslexic readers (right panel) IQ and reading diverge indicating that in dyslexia a person can have a very high IQ yet read at a much lower level so that the poor reading is unexpected.

#### **Reading Disability**

IS DYSLEXIA REAL? Neurobiological in origin

Problem in integrating the way the word looks (orthography), the way the word sounds (phonology) and what the word means (semantics)

#### NEURAL SIGNATURE FOR DYSLEXIA INEFFICIENT POSTERIOR READING SYSTEMS



#### TYPICALLY DEVELOPING

DYSLEXIA

Non-impaired readers (left) activate three important language areas on the left side of the brain, one anterior (Broca's area) and two posterior (parietotemporal, above, and occipitotemporal, below). These two posterior regions are significantly less activated and function inefficiently in dyslexic readers (right). (Sally Shaywitz, *Overcoming Dyslexia*, 2020)





OF CANADIAN CHILDREN HAVE A LEARNING



OF PEOPLE WITH LEARNING DISABILITIES HAVE DYSLEXIA

 $\mathcal{R}$  ontario's grade 3 students



© 2021 The Reading Bee Academy Ltd. All Rights Reserved.

Statistics Canada (2009); Ontario Human Rights Commission

#### **Examples of Reading Disabilities:**

- Child spends a lot of time figuring out words making their reading very slow
- Effortful and frustrating when reading aloud
- May have letter reversals or drop sounds in words







#### **Examples of Reading Disabilities**



https://www.youtube.com/watch?v=OLb6ehPPc4E

### Why is it important?

#### Impact on Children



STRUGGLE WITH ANXIETY, LESSENED HAPPINESS, **DEPRESSION, AND LOW SELF-ESTEEM** 



PREFER WORKING ALONE



IMPACTS THEIR SOCIAL **RELATIONSHIPS** 

Casey, Levy, Brown, & Brooks-Gunn (1992); Tibi & Dugmag (2006)

#### **Impact on Children - Personal Experiences**



https://www.youtube.com/watch?v=sLWBqz\_GrRQ © 2021 The Reading Bee Academy Ltd. All Rights Reserved.

# What are some signs to look for?

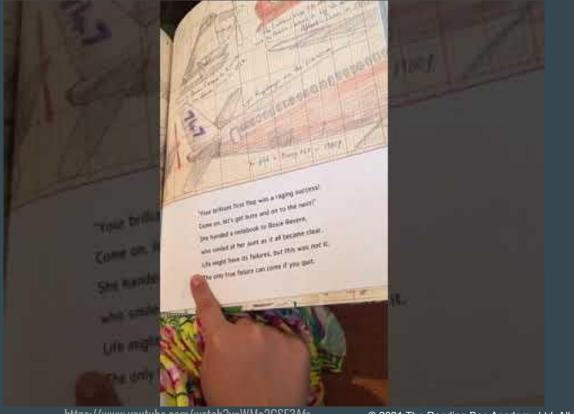
#### **Early Identification**

- Problems in:
  - Learning the alphabet
  - $\circ$  Sounding out letters
  - $\circ$  Blending sounds together
  - $\circ$   $\$  Recognizing and creating rhyming words
- Frequent reversals of letters and numbers
- Avoidance to read out loud
- Slow and choppy reading
- Guessing words when reading



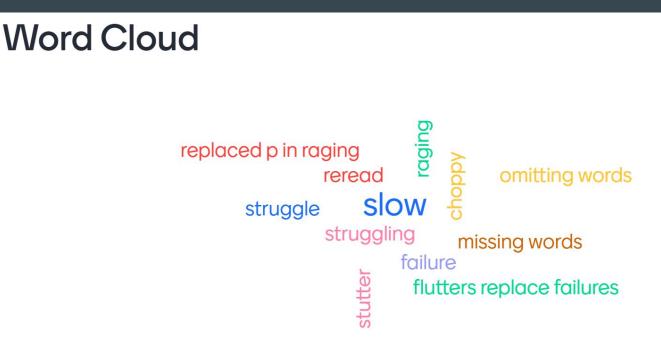
Hulme, C., & Snowling, M. J. (2016); Balikci, O. S. & Melekoglu, M. A., (2020).

#### **Early Identification**



https://www.youtube.com/watch?v=WMa2GSE3Afs

# Mentimeter - What are some signs that you see in the video?



#### **Early Identification**

- Unable to recognize a word after seeing it many times
- Busy sounding out words but not understanding what is being read
- Difficulties when re-telling a story



© 2021 The Reading Bee Academy Ltd. All Rights Reserved.

Balikci, O. S. & Melekoglu, M. A., (2020); Van Reybroeck, M., & De Rom, M., (2020)

#### Early Identification



https://www.youtube.com/watch?v=SaQfuxODpog

#### Early Identification and Intervention effective?

• Research supports screening for dyslexia by the end of kindergarten or first grade.

• Research evidence for positive impact of early screening, identification and early intervention for young children at risk for dyslexia.



#### Ferrer et al., 2015; González et al., 2015; McArthur et al., 2018

#### Interdisciplinary approach

#### It takes a team!



# How can you help at home?

#### **Effective Strategies (General)**

- Take turns and make it fun
- Facilitate letter recognition
- Finger tracking
- Repeat! Repeat! Repeat!
- Use their toys

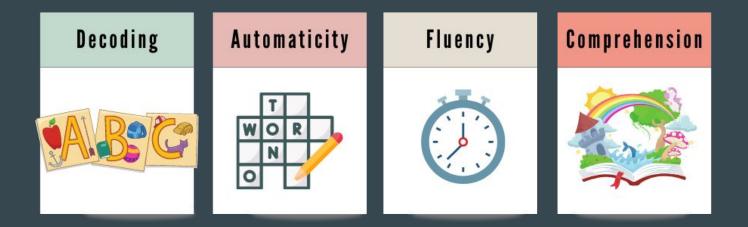




- Foster curiosity
  - Reflect
  - Use analogies
  - Decrease mental load
  - Generalization



#### **Building a Better Reader**



#### **Effective Strategies (Decoding)**





#### **Effective Strategies (Decoding)**



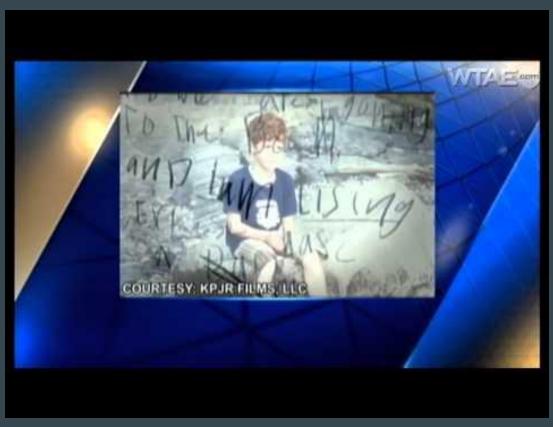


#### **Effective Strategies (Comprehension)**

A <u>ORGANIZE</u> Use mind maps to help organize what your child has learned from the passage.



<u>ASK</u> Ask children to determine the key elements of the narrative.



https://www.youtube.com/watch?v=xZu3z4rQzew

### **Caregiver Questions**

### Where to reach us?





readingbeeacademy@gmail.com



@readingbeeacademy



@readingbeeacademy



@The\_Reading\_Bee

#### Resources

- <u>https://www.edu.gov.mb.ca/k12/docs/support/learn\_disabilities/module3.pdf</u>
- <u>https://www.readingrockets.org/article/recognizing-reading-problems</u>
- <u>https://www.kidsacademy.mobi/storytime/reading-problems/</u>
- <u>https://journals.lww.com/jrnldbp/Abstract/1992/08000/Impaired\_Emotional\_Health\_in\_Children\_with\_Mild.3.aspx</u>
- <u>https://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.116.4470&rep=rep1&type=pdf#page=52</u>
- <u>https://www.asha.org/public/Who-Are-Speech-Language-Pathologists/</u>
- <u>https://www.readingrockets.org/article/roles-reading-specialist</u>
- <u>http://www.edu.gov.on.ca/eng/parents/speced.html</u>
- <u>https://cpa.ca/public/whatisapsychologist/</u>
- <u>https://educationtothecore.com/2017/01/15-reading-strategies-primary-learners/</u>
- <u>https://www.ldatschool.ca/teaching-the-brain-to-read-strategies-for-enhancing-reading-decoding-fluency-and-comprehension/</u>
- <u>https://www.readingrockets.org/helping/target/phonics#do\_parents</u>
- <u>http://www.ohrc.on.ca/en/right-read-inquiry-reading-disabilities-backgrounder</u>
- <u>https://www.ldac-acta.ca/prevalence-of-learning-disabilities/</u>
- <u>https://dyslexiaida.org/definition-of-dyslexia/</u>
- <u>https://www.aboutkidshealth.ca/article?contentid=3859&language=english</u>
- <u>https://www.nichd.nih.gov/health/topics/reading/conditioninfo/disorders</u>

#### References

Balikci, O. S. & Melekoglu, M. A. (2020) Early Signs of Specific Learning Disabilities in Early Childhood. *International Journal of Early Childhood Special Education, 12*(1), 84-95. doi: 10.20489/intjecse.722383

Casey, R. Levy, S., Brown, K., Brooks-Gunn, J. (1992) Impaired Emotional Health in Children with Mild Reading Disability. *Journal of Developmental & Behavioral Pediatrics, 13(4),* 256-260.

Ferrer, E., Shaywitz, B., Holahan, J., Marchione, K., Michaels, R., & Shaywitz, S. (2015). Achievement Gap in Reading Is Present as Early as First Grade and Persists Through Adolescence. *The Journal of Pediatrics, 167*(5), 1121-1125e1.

Gonzalez, G., Zaric, G., Tijms, J., Bonte, M., Blomert, L., & van der Molen, M. (2015). A Randomized Controlled Trial on the Beneficial Effects of Training Letter-Speech Sound Integration on Reading Fluency in Children with Dyslexia. *PLoS ONE, 10*(12): e0143914. doi:10.1371/journal.pone.0143914

Hulme, C., & Snowling, M. J. (2016). Reading Disorders and Dyslexia. Current Opinion in Pediatrics, 28(6), 731–735. https://doi.org/10.1097/MOP.000000000000111

McArthur, G., Sheehan, Y., Badcock, N.A., Francis, D.A., Wang, H.C, Kohnen, S., et. al. (2018). Phonics Training for English-Speaking Poor Readers. *Cochrane Database of Systematic Reviews*, 11. Art. No.: CD009115. DOI: 10.1002/14651858.CD009115.pub3.

Shaywitz, B. & Shaywitz, S. (2020) The American Experience: Towards a 21st Century Definition of Dyslexia. *Oxford Review of Education, 64*(4), 454-471. DOI:10.1080/03054985.2020.1793545

Tibi, S., & Duqmaq, S. (2006). The Impact of Reading Disability on Children's Social Life. UAEU Funded Research Publications, 19, 43-46.

Van Reybroeck, M., De Rom, M., (2020). Children with dyslexia show an inhibition domain-specific deficit in reading. *Reading and Writing, 33*, 907–933. <u>https://doi.org/10.1007/s11145-019-09986-z</u>